

Dr Shreyasi Karki is a medical officer from Lalitpur, Nepal. She graduated with MBBS degree from Tribhuvan University and has been a member of Mountain Medicine Society of Nepal. Early in her medical career, she has developed interests in high altitude medicine, mountain medicine, expedition medicine and travel medicine. She has worked for the Himalayan Rescue Association (HRA) as a volunteer doctor to provide health services in austere high altitude conditions.

In 2023, she volunteered at the HRA Gosainkunda health camp at 4380m, which opened her to the realm of high altitude and travel medicine. Having seen over 500 cases ranging from travellers diarrhea to the various spectrums of Acute Mountain Sickness in the pilgrims population, she realized the grave importance of travel medicine in the wild. She next ventured to work at Everest ER, a tent based aid post at the Everest Base Camp for the climbing season of 2024 (March to May). Working at the world's highest emergency room, she has had the chance to gain experience in dealing with a wide variety of medical cases one would only get to see in such an extreme altitude or the textbooks. She has also worked as an expedition doctor to Poon Hill and loves to combine work and her love for the outdoors the very opportunity she gets.