Dr Sarah Borwein is a Canadian physician who has lived and worked in Hong Kong and Beijing for more than 24 years. She worked as a staff physician at the Beijing United Family Hospital where she was Director of Infection Control during the SARS outbreak in 2003. After returning to Hong Kong, she became a founding partner in 2005 of what is now a large multi-disciplinary medical group, where she practised until 2021.

Although she practises across the full family medicine spectrum, her special interests include travel & tropical medicine, infectious diseases, women's health, preventive medicine, and mental health.

In addition to patient care, she has been involved with infectious disease surveillance both globally and locally through GeoSentinel (a worldwide communication and data collection network for the surveillance of travelrelated morbidity), the Travax International Partner program, and the Hong Kong Department of Health. She is a past president of the Asia Pacific Travel Health Society.