

Durga Bhandari

Dr. Durga Bhandari is a seasoned healthcare professional with a remarkable career in the field of travel medicine, infectious diseases, and altitude-related illnesses. Over the past decade, he has dedicated himself to enhancing the well-being of travelers and adventurers worldwide.

Career in Travel Medicine

Dr. Bhandari's journey into the realm of travel medicine began in September 2014 when he joined the renowned Ciwec Hospital Travel Medicine Center. Over the years, he has amassed invaluable experience and knowledge in this specialized field, where he provides comprehensive care to individuals preparing for international journeys. His expertise extends to the prevention and management of travel-related health issues, ensuring the safety and health of travelers from diverse backgrounds.

Infectious Diseases and Altitude-Related Illness

With a strong foundation in internal medicine, Dr. Bhandari possesses a profound understanding of infectious diseases. This knowledge allows him to address and manage various health concerns associated with travel, from immunizations and disease prevention to diagnosis and treatment.

Additionally, his expertise in altitude-related illnesses is of critical significance in a country like Nepal, which is known for its high-altitude destinations. Dr. Bhandari's ability to address the unique health challenges posed by high altitudes has made him an invaluable resource for trekkers and mountaineers visiting the region.

Speaker and Panelist

Dr. Bhandari's contributions to the field have extended beyond patient care. He has served as a panelist and speaker at numerous national and international conferences, sharing his insights and experiences with fellow medical professionals. His presence in these forums has helped advance the knowledge and practices within the travel medicine community.

Educator and Academic Role

In addition to his clinical work, Dr. Bhandari holds the position of Assistant Professor and head of Internal Medicine at Kathmandu University and its affiliated hospital, Kantipur Dental College and Teaching Hospital (KDCTH). His role as an educator allows him to impart his knowledge and passion for medicine to the next generation of healthcare professionals, ensuring that his expertise continues to benefit patients and students alike.